**How to Prepare for Your Upper Endoscopy/EGD**

Contact us if you need to discuss, reschedule, or cancel your appointment

# COVID-19 Key Instructions

# Patients should expect to receive multiple verbal screenings for Coronavirus symptoms as well as instructions on COVID-19 pre-admission testing. Required COVID-19 testing must be performed 3-5 days before the scheduled procedure. Additional safety measures will be reviewed before your arrival in addition to facility patient drop off/pick up policies and caring methods for assistance.

# Upper Endoscopy Pre-Procedure Checklist: Seven (7) Days Before

# Medications

If you are taking any blood thinners and this was not discussed with your doctor at the time of scheduling the procedure, please contact us beforestarting the preparation.

STOP all Blood Thinners such as:

* Coumadin-(Warfarin), Heparin, Lovenox, Plavix-(Clopidogrel), Aggrenox-(Aspirin/Dipirydamole), Ticlid, and Pradaxa

STOP Aspirin unless prescribed by a physician.

STOP Aspirin products anti-inflammatories such as:

* Ibuprofen, Motrin, Aleve, Naproxen, Celebrex, and Mobic.

STOP Fish Oil and Vitamin E

Allowed: Acetaminophen (Tylenol)

**Morning Before Procedure**

Diabetes Medication take morning pill and STOP additional doses

**Evening/Night Before Procedure**

STOP eating or drinking any solid foods or liquids after midnight.

**Day of Procedure**

* STOP Insulin
* Take all your other medications with one SMALL SIP OF WATER.
* Wear face covering/mask and maintain physical distancing

For additional information please visit www.drnullman.com/procedures

Updated May 2020